

FOR IMMEDIATE RELEASE  
September 19, 2023

Chrissa Santoro  
845.266.4444, ext. 404

## **Omega Conference ‘Women & Power: Heads Together, Hearts Forward’ to Offer Fortitude in the Face of Mounting Gender Equality Issues Worldwide**

*Presented by the Omega Women's Leadership Center, October 6–8, Rhinebeck, NY.*

RHINEBECK, NY – A new United Nations report is providing a stark assessment of gender equity in the world: “The world is failing women and girls,” according to [The Gender Snapshot 2023](#). Citing alarming gaps in healthcare, education, employment, and political and legal representation, the report indicates that achieving gender equality by 2030, one of the 17 [Sustainable Development Goals](#), is “way off track.” In the face of multiple crises and unprecedented setbacks for women globally, the [Omega Women’s Leadership Center \(OWLC\)](#) is convening its 18<sup>th</sup> [Women & Power](#) conference, to nurture and catalyze women to #DoPowerDifferently.

“This year’s gathering comes at a time when there is urgent need for women to build personal and collective resilience for the road ahead. There is power in coming together to nurture connection in our communities, and working across issues and borders with women around the world,” said Carla Goldstein, president and CEO at Omega, and cofounder of the OWLC. “Despite the grim picture in the news, we see amazing acts of courage, resistance, and progress being made. We’ve chosen a diverse group of global leaders to share tangible examples of what’s possible, when we work together and lead from the heart,” said Goldstein.

[Women & Power: Heads Together, Hearts Forward](#) (Oct. 6– 8) will provide a gathering space for people of all genders to learn, be challenged, talk about collective experiences, and rest and recover.

2023 Women & Power highlights include:

- Keynotes by Omega cofounder and author [Elizabeth Lesser](#); cofounder and president of the School of Leadership in Afghanistan, [Shabana Basij-Rasikh](#); [Kiah Williams](#), cofounder of SIRUM, a social enterprise dedicated to expanding healthcare access for patients in need; and gender justice advocate [S. Mona Sinha](#).
- Moderated conversations: [Esther Armah](#), [Hannah Drake](#), and [Loung Ung](#), moderated by [Courtney E. Martin](#) and [Gwendolyn VanSant](#), [Hali Lee](#), [Elizabeth Barajas-Roman](#), and [Holly Fogle](#), moderated by [Tuti Scott](#).
- Breakout mini workshops
- Music performances and poetry readings

For more than 40 years, Omega has provided interdisciplinary opportunities for human development with an integrated approach to personal growth and social change. The OWLC is an outgrowth of this work. Supported by a highly esteemed and international advisory council, the OWLC offers a variety of opportunities for women to strengthen their leadership at home, at work, and in the world.

Since 2002, Omega has received generous scholarship funding to bring nearly 1,000 leaders of diverse backgrounds to OWLC conferences, workshops, and events. This year, approximately 75 scholarships have been provided for Women & Power. Omega is also offering tiered pricing for the event, allowing guests to choose from payment options based upon financial circumstance.

To learn more, visit [eOmega.org](http://eOmega.org), or call 800.944.1001.

Join in the social media conversation on [facebook.com/owlc.omega](https://facebook.com/owlc.omega) and on Twitter @omega\_institute #OWLC, #DoPowerDifferently.

[Explore Omega's work](#) at [eOmega.org](http://eOmega.org), and follow Omega on Facebook, Instagram, YouTube, Twitter, LinkedIn, and Pinterest.

**About Omega Institute for Holistic Studies**

*Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on 250 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people to its workshops, conferences, and retreats in Rhinebeck, New York, and at exceptional locations around the world. [eOmega.org](http://eOmega.org)*

###