

Dear Student,

You are registered for course # 0502-195, "Women of Yoga: A Transformational Yoga Retreat for Women" with Gurmukh Kaur Khalsa, Sharon Gannon, Sally Kempton, and Kristina Pao Cheng on April 25 – 27, 2008.

Please note that there is a special schedule for this course:

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| Schedule: | Friday | 8:00 P.M. - 10:00 P.M. | Workshop |
| | Saturday | 4:00 A.M. – 6:00 A.M. | Optional sadhana |
| | | 6:45 A.M. – 7:30 A.M. | Optional meditation session |
| | | 8:30 A.M. - 12:00 P.M. | Workshop |
| | | 2:30 P.M. - 5:30 P.M. | Workshop |
| | | 8:00 P.M. - 10:00 P.M. | Workshop |
| | Sunday | 4:00 A.M. – 6:00 A.M. | Optional sadhana |
| | | 6:45 A.M. – 7:30 A.M. | Optional meditation session |
| | | 8:30 A.M. - 12:00 P.M. | Workshop |

The Children's Program will not be available for the 4:00 A.M. or 6:45 A.M. optional sessions, but will be available for all other extended hours of this workshop. The above schedule is subject to change at the discretion of the faculty.

We would also like you to note that the morning optional sadhana (4 a.m. – 6 a.m.) will be led by Gurmukh Kaur Khalsa's husband, Gurushabd Singh Khalsa, and that the Saturday evening kirtan may be led by a male musician.

We look forward to seeing you this summer!

Sincerely,

The Omega Staff