

Dear Student,

You are registered for course # 5502-384, "A Weekend to Change your Life" with Joan Anderson on October 17-29, 2008.

In preparation for this workshop, Faculty recommends the following books:

- *A Year By The Sea*, by Joan Anderson
- *Unfinished Marriage*, by Joan Anderson
- *A Walk on the Beach*, by Joan Anderson
- *A Weekend to Change Your Life*, by Joan Anderson
- *Goddesses in Every Woman*, by Jean Shinoda Bolen
- *Transitions*, by William Bridges
- *Women Who Run With the Wolves*, by Clarissa Pinkola Estes

Faculty also asks that you bring a journal to the workshop.

We look forward to seeing you this Fall!

Sincerely,

*The Omega Staff*