

OMEGA

Rhinebeck, New York

From: Carl Big Heart

Re: Circle of Purification & Renewal (#3005-802)
July 19 - 24, 2009

Greetings My Relations:

I want to thank you for your response to this Work and express the deep humility I feel for this opportunity we have, to serve Great Spirit together.

Always, I try to establish the circumstance whereby direction and movement arises from the group dynamic in conjunction with Spirit. So, this leads to a spontaneous flexibility of the moment. The Great Mysterious is going to move within, among and through us. Of this, there is no question. It would be a good thing, as the time draws near, to begin to establish this expectancy, this alignment within your selves. Contemplate your intentions. Prepare yourselves to be receptive for healing of heart, mind and body to give and receive as one motion.

The Stone People's (Sweat) Lodge: this will be the first thing we will discuss at the class orientation. I'll explain what you will need to know and answer any questions you may have. The Lodge is on consecrated ground where we enter into Holy Space. For me, it is a living love affair with Spirit. No two are ever the same. I am in a constant state of wonder at how each unfolds itself and how specific it is for each person and yet, simultaneously, for the group as a whole. Ceremony is something we participate with. It is not an action, which we impose, as it were. It is a cooperative joining of the seen and unseen. I look for us to be in this awareness throughout our time together and for things to move in a circle. In other words, the talks will naturally lead into the Lodge work, which will reveal that which needs to be looked at or delved into during the talks. How many Lodges will we do and when? I can't say exactly. However, I know all will unfold beautifully. We will sit in circle and together create an intimate and safe environment conducive for sharing our hearts and concerns.

You may certainly bring hand drums and rattles with you and any Sacred or personal items that you desire to have blessed. Also, it would be good to have, perhaps, a square yard of pure cotton cloth of red, yellow, black, white, blue and green, some cotton string, a pouch of pure tobacco for the making of prayer ties. **Also, I need you to understand this course is not solely oriented to just Native American teachings, but is eclectic, aiming toward increased awakening of Spirit within.** My heart is filled with gladness and anticipation in the knowing we will meet soon.

May Great Spirit's Love surround you and inundate you in all ways, for always. May you walk in beauty.

OMEGA NOTE: *The Children's Program will be available during the extended hours of this workshop.*