

OMEGA

Rhinebeck, New York

Dear Student,

You are registered for course # 3205-638, "Sacred Healing for Women: Rites of Passage" with Iyanla Vanzant on July 26-31, 2009.

Please note that there is a special schedule for this course:

Schedule:	Sunday	7:00 P.M. - 10:00 P.M.	Orientation
	Monday through Thursday	6:00 A.M. - 7:30 A.M. 9:00 A.M. - 12:00 P.M. 2:30 P.M. - 5:00 P.M.	Morning Gathering, Meditation & Prayer Workshop session Workshop session
		7:00 P.M. - 10:00 P.M.	Evening Gathering, Meditation & Prayer
	Friday	6:00 A.M. - 7:30 A.M. 9:00 A.M. - 12:00 P.M.	Morning Gathering, Meditation & Prayer Closing workshop session

The Children's Program will be available during the extended hours of this workshop. The above schedule is subject to change at the discretion of the faculty.

All participants are requested to bring one new journal for daily use and one new outfit of white clothing (including undergarments) for a graduation ceremony. Participants are asked to read *Working Through the Meantime* by Iyanla Vanzant (will be used in the workshop). All participants are asked to refrain from wearing black clothing during the week. Caffeine and sugar should be limited seven (7) days prior to the start of the workshop.

We look forward to seeing you this summer!

Sincerely,

The Omega Staff

Awakening the Best in the Human Spirit