

OMEGA

Rhinebeck, New York

Dear Student,

You are registered for course # 4205-662, "Make Your Mind Your Friend: Answering Life's Biggest Questions" with Vaishali and Mellen-Thomas Benedict on August 30 – September 4, 2009.

The faculty recommends the following reading to prepare you for the workshop:

You Are What You Love by Vaishali

Wisdom Rising by Vaishali

Journey to the Light and Back by Mellen-Thomas Benedict

Hitchhiker's Guide to the Other Side by Mellen-Thomas Benedict

All titles have been published by Purple Haze Press and are either available on their website (PurpleHazePress.com) or through AtlasBooks.com, 800-539-6727, fax: 419-281-0200.

We look forward to seeing you this summer!

Sincerely,
The Omega Staff

Awakening the Best in the Human Spirit