

OMEGA

INSTITUTE FOR HOLISTIC STUDIES

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Omega to Host Weekend Retreat with Arlo Guthrie and Robert Bly

Teaching Together for the First Time!

RHINEBECK, NY – Omega Institute is proud to announce renowned folk singer, Arlo Guthrie, and acclaimed poet, Robert Bly, will meet for the first time on Omega's Rhinebeck campus. The two so-called counterculture artists of the sixties and seventies will spend August 24-26 leading retreat participants in an exploration of written, sung, and spoken language.

"We are thrilled that these two very influential artists have agreed to meet for the first time on our campus. Omega honors creativity and play—these artists are living examples of how creativity can inspire social movement," said Carla Goldstein, director of External Affairs at the Omega Institute.

The weekend provides participants with an experiential and inspiring exploration of written, sung, and spoken language by looking through the lens of these two artists. Through conversations with and performances by Guthrie and Bly—including interactive experiences such as singing, writing, and sharing as a group—Guthrie and Bly demonstrate the power of language to stir things up while staying in service to the creative process.

The workshop is geared towards artists, musicians, and others who are interested in finding the powerful counterculture spirit within themselves. To register, please call 800.944.1001 or visit www.omega.org.

In his groundbreaking roles as poet, editor, translator, storyteller, and father of what has been called "the expressive men's movement," **Robert Bly** remains one of the most important American artists of the past half century. Recently HarperCollins published his book of ghazals, *My Sentence Was a Thousand Years of Joy*. www.robertbly.com

Since his hit song "Alice's Restaurant" in 1967, **Arlo Guthrie** has toured throughout the world winning a wide, popular following. His Guthrie Center, in the old Trinity Church in Great Barrington, Massachusetts, the site of the 1965 Thanksgiving events that inspired "Alice's Restaurant," is an interfaith church foundation. www.arlo.net

About Omega Institute for Holistic Studies

Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change.

Located on 195 acres in the beautiful Hudson Valley, Omega welcomes more than 20,000 people to its workshops, conferences, and retreats in Rhinebeck, New York and at exceptional locations around the world.

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