

A Conference for Health-Care Professionals Working With Veterans

October 18-20

Veterans, Trauma & Treatment

Best Mind-Body Practices

Course 5702-567/Tuition \$385/\$310/\$235 SS, CE
See page 151 for details on Tiered Pricing.

The number of veterans from current conflicts dealing with post-traumatic stress disorder (PTSD) has been estimated at 25 to 35 percent of those who return from deployments in Afghanistan and Iraq. The effects of PTSD find expression in homelessness, domestic violence, addiction, suicide, and other issues at great cost to individuals, families, and our society.

The scale and depth of this crisis calls for new approaches to treatment, a fact recognized by the Department of Defense and the Veterans Administration, which now actively support many mind-body modalities ranging from yoga to mindfulness practice.

For more than 20 years, Omega has supported individuals, veterans, and family members dealing with PTSD. This special conference, designed for health-care professionals, brings together experts in the treatment of veterans' trauma using complementary and alternative medicine, and also includes leaders in resilience studies.

Throughout the weekend, we experience keynote speakers, panel discussions, and concurrent workshop leaders who are experts in complementary and alternative mind-body treatments of veterans' trauma.

Veterans, Trauma & Treatment offers professional information on the same mind-body modalities that the military is currently exploring as a complement to traditional drug and talk therapy. It is intended for health-care professionals, psychologists, social workers, caregivers, and counselors working with veterans who suffer with post-traumatic stress disorder (PTSD) and their families.

KEYNOTE SPEAKERS

Kevin Berry, MD, vice president for Military Medical Research at Samueli Institute, served at the Naval Medical Center, San Diego, and Joint Task Force National Capital Region Medical

Dawson Church, PhD, pioneer in the field of epigenetics and expert in the Emotional Freedom Technique (EFT)

Tracy W. Gaudet, MD, director of the national Patient Centered Care Program for the Department of Veterans Affairs, and former executive director of Duke University's Integrative Medicine program

Peter A. Levine, PhD, founder of Somatic Experiencing™ and director of the Foundation for Human Enrichment

Gabor Maté, MD, an authority on mind-body approaches to treatment of addiction and author of *In the Realm of Hungry Ghosts*

Maj. (fmr) Nisha Money, MD, MPH, ABIHM, former chief of Air Force Fitness for the Surgeon General of the United States Air Force headquarters

Frank Ochberg, MD, pioneering psychiatrist in trauma science who served on the committee that first defined PTSD

Col. Richard P. Petri, MD, chief of Physical Medicine and Integrative Health Services at Fort Bliss, Texas

Capt. (fmr) Elizabeth A. Stanley, PhD, professor of security studies at Georgetown University and founder of Mindfulness-Based Mind Fitness Training (MMFT)®

Brigadier General Loree K. Sutton, MD, former director of the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury

David Feinstein, PhD, founder of Energy Psychology

Diana Fried, MAC, director of Acupuncturists Without Borders (AWB)®

E.C. Hurley, PhD, LMFT, trainer in Eye Movement Desensitization and Reprocessing (EMDR)

Roger Jahnke, OMD, director of the Institute of Integral Qigong and Tai Chi

David J. Kearney, MD, director of Mindfulness-Based Stress Reduction (MBSR) at the University of Washington School of Medicine and the Puget Sound Veterans Affairs Hospital

Charles Kennedy, PhD, psychologist at the Albany Stratton Veterans Affairs Medical Center

Laurie Leitch, PhD, psychologist and cofounder of the Trauma Resource Institute

Col. (ret) Pat Lillis, MD, MHA, RYT, cofounder of Warriors At Ease

Maj. Susan Lynch, JD, E-RYT, executive director of There and Back Again

Michael Marks, PhD, psychologist at the Southern Arizona Veterans Affairs Health Care System

Annie Okerlin, RYT, founder and director of the Exalted Warrior Foundation

Claude AnShin Thomas, American Zen Buddhist monk and Vietnam War veteran

✓ Visit eOmega.org for full biographies, descriptions of lectures and workshops, and information about continuing education credits. Teachers are subject to change.



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