

Col. (ret.) E.C. Hurley



Bessel van der Kolk



Gabor Maté



Capt. (fmr) Elizabeth A. Stanley



Brigadier General (ret.) Loree K. Sutton



Rev. Claude Anshin Thomas



Capt. (ret.) Richard Welton

October 17–19

A Conference for Health-Care Professionals Working With Veterans

Veterans, Trauma & Treatment

Best Mind-Body Practices

Course 5702-951/Tuition \$460/385/310/235 **CE, SS**
See page 150 for Tiered Pricing details.



For many years, Omega has supported individuals, veterans, and family members dealing with post-traumatic stress. The life-altering effects of post-traumatic stress often find expression in homelessness, domestic violence, addiction, suicide, and other issues at great cost to individuals, families, and our society. The scale and depth of the crisis calls for new approaches to treatment, a fact recognized by the United States Department of Defense and the Veterans Administration, which now actively support many mind-body modalities ranging from yoga to mindfulness practice.

This special conference, designed for health-care professionals, brings together experts in the treatment of veterans' trauma who use complementary and alternative medicine, and also includes leaders in resilience studies. Throughout the weekend, keynote lectures, panel discussions, and concurrent workshops explore complementary and alternative mind-body treatments of veterans' trauma.

Each year, the Veterans, Trauma & Treatment conference builds on previous years' events and offers the most current professional perspectives. In this third annual conference, we delve deeper and explore leading-edge information on the same mind-body modalities that the military is currently exploring as a complement to traditional drug and talk therapy. It is intended for health-care professionals, psychologists, social workers, caregivers, and counselors working with veterans who suffer with post-traumatic stress, along with their families.



PRESENTERS

Capt. Paul Anthony Halladay, United States Army Chaplain

Col. (ret.) E.C. Hurley, PhD, LMFT, trainer in Eye Movement Desensitization and Reprocessing (EMDR)

Bessel van der Kolk, MD, founder and medical director of the Trauma Center

Maj. Susan Lynch, JD, E-RYT, executive director of There and Back Again

Gabor Maté, MD, authority on mind-body approaches to treatment of addiction

Capt. (fmr) Elizabeth A. Stanley, PhD, founder of Mindfulness-Based Mind-Fitness Training

Brigadier General (ret.) Loree K. Sutton, MD, formerly the highest ranking psychiatrist in the United States Army


Rev. Claude AnShin Thomas, American Zen Buddhist monk and Vietnam War veteran

Capt. (ret.) Richard Welton, MD, PhD, senior director of Military Medical Programs at the Samueli Institute

Charles R. Kennedy, PhD, psychologist at the Albany Stratton Veterans Affairs Medical Center

Laurie Leitch, PhD, psychologist and cofounder of the Trauma Resource Institute

Beryl Bender Birch, E-RYT, yoga therapist, instructor, and best-selling author of *Power Yoga*

 *Presenters and schedule are subject to change. Claude AnShin Thomas will offer optional early morning meditations. See eOmega.org for continuing education information.*