# 

## Scholarship Application Contemplative Practice in Higher Education 2015 Rhinebeck, New York

Dear Scholarship Applicant,

Omega Institute, through the generosity of The 1440 Fund, an advised fund of Silicon Valley Community Foundation, is pleased to announce the availability of scholarships for teachers, educators, and school administrators to participate in *Contemplative Practice in Higher Education* in order to cultivate their own mindfulness practice for stress relief, presence, and emotional balance, and learn how to apply these skills in a classroom setting.

#### At a Glance:

Program: Contemplative Practice in Higher Education

Date: September 18–20, 2015

Location: Rhinebeck, NY

**Type of scholarship:** This scholarship covers tuition for the program, access to campus amenities, and an accommodations package or commuter fee, either of which includes meals at the Omega dining hall.

**Eligibility:** This scholarship is available only for teachers, educators, or school administrators. **Application deadline:** The deadline to apply for this scholarship is July 17, 2015.

**Notification:** You will be notified of the status of your application by email by July 31, 2015. **Balance due:** If applicable, any outstanding balance will be due by September 1, 2015.

**Requirement:** Scholarship recipients are required to complete three written evaluations during the 12 months following the program.

## FAQ:

#### How do I submit my application?

You can submit your completed application:

By mail:Omega Institute<br/>Attn: Contemplative Scholarship<br/>150 Lake Drive<br/>Rhinebeck, NY 12572By fax:845.266.3769By email:scholarships@eomega.org

Awakening the Best in the Human Spirit

#### How do you decide who to award scholarships to?

Only teachers, educators, and school administrators are eligible for this scholarship. We are looking for eligible applicants with the personal desire and/or professional commitment to cultivate their own mindfulness practice for stress relief, presence, and emotional balance, and to learn how to apply these skills in a classroom setting. Scholarships will be awarded based on an assessment of eligible applications, including responses to the personal essay question.

#### How and when will I hear about the status of my application?

You will be notified by email of the status of your application by July 31, 2015.

#### How do I make sure I am registered?

Submitting a scholarship application does not automatically register you for this program. If you are awarded a scholarship, you will be notified by email. Once you have received your notification email, we need to hear from you by email within two weeks to confirm your intention to accept this scholarship award and attend the program. If we do not hear from you during that time, the scholarship will be awarded to another applicant. Once you confirm, we will register you. You will then receive a second email confirming your registration. If at any time you determine that you cannot attend, please let us know as soon as possible so the scholarship can be used for another applicant.

#### Is transportation included?

The cost of transportation to/from Omega is NOT included the scholarship. Please make sure you are able to cover the cost of your travel expenses.

#### If I am not awarded a scholarship, is there any chance I could get one later?

If you do not receive a scholarship, you will be put on a waiting list. If someone cancels their scholarship, we reconsider people on the waiting list.

#### What if I still have questions?

If your question is not addressed in our FAQ, please call and leave a voicemail at 845.266.4444, ext. 180. In your message, mention that you are applying for a **Contemplative Practice in Higher Education** scholarship. We may not be able to call you back immediately. Thank you for your patience.

# Omega Institute 2015 Contemplative Practice in Higher Education Scholarship

All questions (including essay) must be completed for this application to be valid. Please print clearly. Illegible applications will not be considered.

## Applicant Information:

Name:		
Address:		
City:	_State:	Zip Code:
Daytime Phone:Evening	g Phone:	
Cell Phone:		
Email Address:		
(Including your email will assist us in keeping you i	nformed of	the status of your application)
Occupation:	_ Employ	er:
Gender: O Female O Male O Identify As (pl	ease specify	·):
Age: (must be 18 or older; also required for	senior schol	arship eligibility)
Ethnicity: O American Indian/Alaska native O Asian/Pacific Islander O Black/African American O Other, please specify	0 \ 0 N	Hispanic/Latino White/Caucasian Multi-ethnic
<ul> <li>How did you find out about this scholarship opport</li> <li>Omega ad</li> <li>Email from Omega</li> <li>Facebook</li> <li>Twitter</li> <li>Google ad</li> <li>Magazine or newspaper article</li> <li>Teacher website</li> <li>Referred by teacher</li> <li>Teacher's newsletter</li> <li>Flyer or postcard</li> <li>Omega catalog by mail</li> <li>Picked up a catalog somewhere</li> <li>Link to Omega's website</li> <li>Omega staff recommendation</li> <li>Word of mouth</li> <li>Other:</li> </ul>	tunity? <i>Plea</i> :	se check all that apply.

## Omega Institute 2015 Contemplative Practice in Higher Education Scholarship

#### Being on Campus:

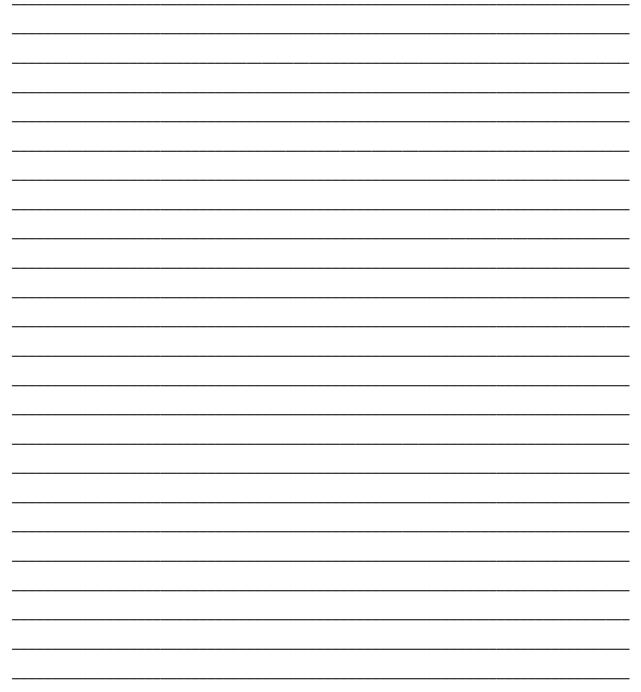
Will you plan to stay on campus? Answer no if you plan to stay off campus and commute to the program each day. O Yes O No

What are your special needs? Please describe them below. Note that our rural campus has sloping hills. If you feel you might require some assistance getting around or have other needs for which you may require support, please let us know. If your scholarship covers accommodations and you plan to stay on campus, we will use this information to reserve your accommodations.

#### <u>Personal Essay:</u>

Why do you want to attend this program? How will you share and/or apply what you learn? *Please print legibly.* 

## Omega Institute 2015 **Contemplative Practice in Higher Education Scholarship**



I certify that all of the above information is true and correct. I understand that this information will be used in determining scholarship eligibility and will be kept strictly confidential. If I receive a scholarship, by signing this application I commit to completing online evaluation(s) as described above, which will be emailed to me following the program.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_