## OMEGA INSTITUTE FOR HOLISTIC STUDIES: SM13-2005-428

## CONSCIOUS HORSEBACK RIDING PROGRAM AGREEMENT OF RESPONSIBILITY AND RELEASE

The Conscious Horseback Riding program provides participants with the opportunity to participate in outdoor activities. At this time, we wish to clarify your responsibilities as a participant in the Conscious Horseback Riding program. Please read the following information and sign below.

- 1. Outdoor activities such as horse riding may involve the risk of injury. You understand the risks associated with outdoor activities and take personal responsibility for your health and safety during these activities.
- 2. To reduce the risk of injury, Omega may require participants to adhere to certain safety guidelines while participating in outdoor activities. You agree to comply with any safety guidelines communicated to you by Omega staff, program assistants and directors.
- 3. You acknowledge that it is your responsibility to provide safe and suitable equipment and clothing. You assume all risks related to the maintenance and safety of your gear and accessories.
- **4.** You understand that if you travel to any group activity by riding in any mode of transportation provided by Omega, you assume all risks associated with such travel.
- 5. You acknowledge that your decision to engage in the outdoor activities offered as part of the Conscious Horseback Riding program is entirely at your own risk. You hereby generally release Omega, its officers, directors, employees and agents, from any and all claims, demands and causes of action, including, but not limited to, claims for liability for personal injuries sustained, that arise as a result of your participating in the outdoor activities offered during the Conscious Horseback Riding program.

I have read, understand, and agree to the content of the above Agreement of Responsibility and Release.

Signature	Date
Print Name	
Witness Signature	
Print name of witness	