

ALL PHOTOS MUST BE CREDITED AS FOLLOWS:

Courtesy of Omega Institute for Holistic Studies, Rhinebeck, NY, eOmega.org

SUGGESTED PHOTO CAPTIONS:**SPRING IMAGES:**

•Photo Name: Omega Institute Lake

-Suggested Caption: Guests can connect with nature and enjoy the beauty of Long Pond Lake, part of Omega's 250+ acre campus.

•Photo Name: Omega Institute Garden

-Suggested Caption: Omega's guests have access to gardens and woodland trails throughout the 250+ acre campus.

•Photo Name: Omega Institute Campus

-Suggested Caption: Omega's 250+ acre campus, located in the heart of New York's Hudson Valley, is premiere destination for health and wellness and lifelong learning.

SUMMER IMAGES:

•Photo Name: Omega Institute Kayak

-Suggested Caption: Long Pond Lake, part of Omega's 250+ acre campus, offers swimming, kayaking, and canoeing in summer months.

•Photo Name: Omega Institute Paths

-Suggested Caption: Omega's guests have access to woodland trails and gardens throughout the 250+ acre campus.

•Photo Name: Omega Institute Yoga

-Suggested Caption: Omega offers daily open classes in yoga, tai chi, movement, or meditation.

AUTUMN IMAGES:

•Photo Name: Omega Institute Hammock

-Suggested Caption: Omega's 250+ acre campus is one of the Hudson Valley's premiere destinations for rest and relaxation.

•Photo Name: Omega Institute Sign

-Suggested Caption: Omega's 250+ acre campus is a prime spot to take in the fall foliage.

•Photo Name: Omega Institute Autumn

-Suggested Caption: Autumn colors abound on Omega's 250+ acre campus.