

# OMEGA

Rhinebeck, New York

Dear Student:

Thank you for choosing course # 3107-995, "Transforming Trauma with EMDR: A 7-Day Professional Training" with Laurel Parnell, Ph.D. on July 17-24, 2015.

**Please note that there are submission requirements for this course. Please send appropriate paperwork (see below) to Omega Institute, Attn: Registration Department, 150 Lake Drive, Rhinebeck, NY 12572 or scan and email to [classapplications@eOmega.org](mailto:classapplications@eOmega.org).**

Attendance is limited to **mental health professionals** who have a master's degree or higher in the mental health field and are licensed or certified through a state or national board, which authorizes independent practice. **Applicants should send a copy of their license or certificate.**

**Intern/graduate student requirements:** Completion of graduate level coursework at an accredited school and on a licensing track under state sanctioned supervision by a licensed clinician is necessary. Clinical supervisor must be EMDR trained. **Please submit a detailed curriculum vitae/resume and a current supervisor's letter with his/her degree and license number.**

**Canadian registration requirements:** A minimum of master's degree in clinical or counseling psychology or social work is required. Applicants should also hold membership in a professional association that has a written code of ethics or standards of conduct and hold professional liability insurance.

Be advised that anyone not submitting the appropriate paperwork will not be allowed entrance into the class.

The reason you can only take this class if you are a licensed professional is because it is a requirement of the EMDR International Association that approves EMDR training. EMDR is a very profound and complex therapy that builds on the skills and experience of psychotherapists.

Upon completion of this course you will have all the tools necessary for full utilization of EMDR with your clients. You will now need to receive 10 hours of consultation from Dr. Parnell's faculty consultants and then complete Part 3 in order to complete basic EMDR training.

There is required reading for this course:

- *A Therapist's Guide to EMDR: Tools and Techniques for Successful Treatment* by Laurel Parnell
- *Eye Movement Desensitization and Reprocessing: Basic Principles, Protocols and Procedures* by Francine Shapiro

There is also recommended reading for this course:

- *Transforming Trauma: EMDR: EMDR in the Treatment of Adults Abused As Children* by Laurel Parnell
- *Tapping In: A Step-by-Step Guide to Activating Your Healing Resources Through Bilateral Stimulation* by Laurel Parnell
- *Attachment-Focused EMDR: Healing Relational Trauma* by Laurel Parnell

Please note that there is also a special schedule for this course:

<b>Schedule:</b>	Friday	8:00 P.M.-10:00 P.M.	Workshop
	Saturday	<b>8:30 A.M.-12:00 P.M.</b>	<b>Workshop</b>
		<b>2:00 P.M.-5:30 P.M.</b>	<b>Workshop</b>
	Sunday	<b>8:30 A.M.-12:00 P.M.</b>	<b>Workshop</b>
		<b>2:00 P.M.-5:30 P.M.</b>	<b>Workshop</b>
	Monday	<b>2:00 P.M.-5:30 P.M.</b>	<b>Workshop</b>
	Tuesday	<b>8:30 A.M.-12:00 P.M.</b>	<b>Workshop</b>
		<b>2:00 P.M.-5:30 P.M.</b>	<b>Workshop</b>
	Wednesday	<b>8:30 A.M.-12:30 P.M.</b>	<b>Workshop</b>

Awakening the Best in the Human Spirit

	<b>2:00 P.M.-5:30 P.M.</b>	<b>Workshop</b>
Thursday	<b>2:00 P.M.-5:30 P.M.</b>	<b>Workshop</b>
Friday	<b>8:30 A.M.-12:00 P.M.</b>	<b>Workshop/Class Ends</b>

The Children's Program is generally available during standard workshop hours only. Contact Omega registration at 800.944.1001 for details. The above schedule is subject to change at the discretion of the faculty.

We look forward to seeing you this season!

Sincerely,

The Omega Staff