

Welcome to Family Week

Below is some helpful information to make Family Week safe, fun, and enjoyable for everyone.

QUIET TIME — We are a community of a variety of ages, including families with small children who go to bed early. Our campus noise curfew is **10:00 p.m.** All children should be with their families after 10pm. **Teens:** You should be with your families after **11:00 p.m.** Please leave all public spaces before 11:00 p.m. and head back to your housing very quietly. Please be sensitive and quiet around camping areas at night.

LAKE — Children must be accompanied to the lake by an adult guardian at all times. Our lifeguards will require children to take a swim test if they want to swim beyond the first rope. Lifeguard hours are posted and must be adhered to for both swimming and boating. Life jackets must be worn in the rowboats and canoes.

DINING HALL — Always accompany your child to the Dining Hall. Help your children on the food line. Encourage them to “take what you can really eat”. Teach them how to use our bussing area. Ask them to walk when in the Dining Hall and to take their excess energy outside when finished eating.

BASKETBALL COURT — After meal time, children love to play together on the basketball court. Please keep an eye on your children and help us keep the play safe. **RULES ARE POSTED AT THE COURT.** Please go over these with your children.

TRAFFIC — The road between the Main Office and the Café is a public road with a dangerous blind curve. Please remind your children to **STAY OFF THE ROAD.** Use the interior paths to walk through campus.

NO OPEN FLAMES OR FIRES — Please, no candles, incense, or any kind of open flames on campus.

EVENINGS — All the evening programs listed on the schedule are open to kids and adults. Children may not attend evening entertainment without an adult. Please supervise your children during all evening activities: at concerts, movies, basketball court, café, etc.

GARDENS — Look at, stroll through, smell, and enjoy our flowers and vegetable gardens, but please do not pick anything. **POISON IVY** grows abundantly in the woods and at the edges of lawns and fields. Teach your child what it looks like and to stay away from it. Deer ticks have been found on campus. More information on this can be found at Guest Services.

SCHEDULES — **PLEASE BE ON TIME** for your workshop and kids camps. If your children require that you drop them off and pick them up from their camp or the Children’s Program, please leave your workshop in due time. If your child is old enough not to be picked up, be sure you go into the dining hall together.

OMEGA CHILDREN’S PROGRAM — The Children’s Program (for children under 6) starts at 8:45 a.m. each morning, **EXCEPT MONDAY MORNING**, when it begins at 8:15 a.m. Please bring your little one to the Children’s Program before the Welcoming Gathering on Monday morning. Children may not be in the Children’s Program building during off- hours. The playground may be used during off-hours, but children must be accompanied by an adult.

DISPOSABLE DIAPERS — **PLEASE use trash receptacles! Do not ever** flush disposable diapers.

BARE FEET — Bare feet are dangerous around campus due to poison ivy, insects, splinters, etc. and are **NOT** allowed in the Dining Hall and Café.

FIRST AID — Kits are kept in the Main Office, Café, Kitchen, and with lifeguard at the beach. The first-aid person is on call through Guest Services.

KITCHEN UTENSILS — All eating utensils should stay in the Dining Hall. Please do not take food to your room or tents. The raccoon population is always looking for a tasty evening snack.