

omega women's leadership center

ABOUT OMEGA INSTITUTE (HOME OF THE OWLC)

Omega Institute is the nation's leading center for holistic studies. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on 250 acres in New York's beautiful Hudson Valley, and listed as one of *1,000 Places to See in the USA & Canada Before You Die*, Omega is considered a premier travel destination for workshops, conferences, retreats and professional training. Omega's renowned faculty and presenters have included Maya Angelou, Thích Nhất Hạnh, Jane Goodall, Pema Chödrön, Bobby McFerrin, Eckhart Tolle, Gloria Steinem, Phil Jackson, and many other creative, talented teachers and thought leaders. Annually, more than 15,000 people attend Omega's 300+ programs in-person, and the organization reaches approximately 2 million people online.

WHY A WOMEN'S LEADERSHIP CENTER AT OMEGA?

Omega was founded on the holistic worldview that the well-being of each individual is deeply connected to the well-being of all living things. To date more than 600,000 women have participated in Omega's holistic offerings and innovative opportunities for women's development. Omega recognizes the critical role women can play world-wide in transforming what it means to lead, and shifting the leadership paradigm from "power over" to "power with" others.

WHAT IS THE OWLC?

Founded in 2012, the OWLC offers an interdisciplinary curriculum to support women's personal and professional development throughout their lifespan. Educational opportunities serve aspiring women who want to hone leadership skills and deepen self-understanding, as well as established leaders who are looking to make a change, give back, and further impact the world.

HOW DID THE OWLC BEGIN?

In 2002, Omega created its acclaimed Women & Power series, where visionary speakers and change-agents from around the world explored how women can use their unique experiences and voices to redefine power. Women & Power featured notable presenters such as Alice Walker, Natalie Merchant, Wangari Maathai, Anna Deavere Smith, Diana Nyad, Mae Jemison, Anita Hill, Dolores Huerta, Kimberlé Crenshaw, Brené Brown, Ai-jen Poo, Carol Gilligan, Kerry Washington, and many more. Building on the energy and enthusiasm of Women & Power, Omega saw a growing demand for

an ongoing women's leadership curriculum and community. Omega began a research and development effort in 2005, to learn from women about their leadership needs and interests, which culminated in the launch of the OWLC in 2012. Cofounded by Elizabeth Lesser, Carla Goldstein, and Sarah Peter, the OWLC convenes, trains, and inspires women to Do Power Differently®.

WHAT DOES THE OWLC OFFER?

As a women's leadership hub, the OWLC offers a variety of workshops, residencies, scholarships, an annual leadership intensive, and an online resource library. Recent faculty have included: Rev. angel Kyodo williams Rōshi, Riane Eisler, Mallika Dutt, Vivian Williams-Kurutz, Meggan Watterson, Robyn Moreno, Leslie Salmon Jones, Manisha Thakor, and Sharon Salzberg, and more.

WHO ATTENDS OWLC PROGRAMS?

OWLC programs are designed for all who identify as women to strengthen their leadership so that we can help create a world that works—for everybody.

WHO IS ON THE OWLC ADVISORY COUNCIL?

The OWLC's esteemed Advisory Council includes: Isabel Allende, Jennifer Buffett, Majora Carter, Sister Joan Chittister, V (formerly Eve Ensler), Sally Field, Eileen Fisher, Jane Fonda, Pumla Gobodo-Madikizela, Ubaka Hill, Pat Mitchell, Hibaaq Osman, Edit Schlaffer, Gloria Steinem, Loung Ung, and Ann M. Veneman.