

FOR IMMEDIATE RELEASE – October 11, 2011

Renowned Peace Activist Thich Nhat Hanh to Address Packed Audience at Warner Theatre, Washington, DC

RHINEBECK, NY – World-renowned peace activist Thich Nhat Hanh will speak about peace to a packed house of 1,800 in Washington, DC, on Tuesday, October 25, at 7:30 p.m. [Omega Institute](#) of Rhinebeck, New York, will host the sold out event called [Living Mindfully, Living Peacefully](#). Since taking monastic vows at age 16 in Vietnam, Thich Nhat Hanh has written more than 100 books and dedicated his life to promoting peace. The Rev. Dr. Martin Luther King, Jr., nominated him for the Nobel Peace Prize in 1967. According to the [New York Times](#), “Among Buddhist leaders influential in the West, Thich Nhat Hanh ranks second only to the Dalai Lama.”

“The Omega Institute has hosted Thich Nhat Hanh for more than two decades, and we are pleased to bring him and his teachings on peace to Washington at such a critical time in our nation’s life,” said Robert “Skip” Backus, chief executive officer at Omega. “Considering the country’s unrest, as demonstrated by social protests on Wall Street and at Freedom Plaza in DC, we think Thich Nhat Hanh’s message of compassion, and mindfulness offers a powerful recipe for change.”

Thich Nhat Hanh served as delegate to the Paris peace talks in 1973 that helped end the Vietnam War, and he preached nonviolence in a memorable speech in New York City just days after September 11, 2001. He is a lifelong advocate of mindfulness, a practice of directing one’s attention that scientists are researching in universities across the United States. From his home base in France to locations around the globe, Thich Nhat Hanh has taught mindfulness peace practices, including meditation, to hundreds of thousands of students and millions of readers worldwide. His books include *Peace Is Every Step*, *Being Peace*, *Touching Peace*, *Living Buddha Living Christ*, *Teachings on Love*, and *Anger*.

The event is sold out. A limited number of media passes are available. Please contact Chrissa Pullicino at 845.266.4444, ext. 404 if you would like to cover the event. Photography and recording restrictions apply.

About Omega Institute for Holistic Studies

Founded in 1977, Omega Institute for Holistic Studies is the nation’s most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on 195 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people to its workshops, conferences, and retreats in Rhinebeck, New York and at exceptional locations around the world. eOmega.org

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