

Press Release: For Immediate Release

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## **YOGA SERVICE COUNCIL AND OMEGA INSTITUTE PROVIDE SCHOLARSHIPS TO POWERFUL CHICAGO NONPROFIT**

The Yoga Service Council has awarded four scholarships to I Grow Chicago, an Englewood-based nonprofit, to attend their annual conference at the Omega Institute in Rhinebeck, NY, May 13-15. The Omega Institute provided 5 scholarships to the nonprofit for room and board. The conference is designed to provide support and tools for service-based yoga programs to effectively assist vulnerable communities impacted by trauma.

"I am delighted to bring the team to New York for workshops led by instructors across the world, to absorb new ideas, resources and inspiration for our community," says Executive Director Stephany Price.

I Grow Chicago provides a safe haven and multi-faceted programming to combat the effects of violence and trauma in the Englewood community. The organization purchased a dilapidated house which they converted to **Peace House**, a thriving community center which incorporates exposure to yoga, urban farming, art and culture programs, and holistic engagement, as well as school outreach programs. I Grow Chicago provides job training and educational support, after school programming, mentorship programming, a free annual summer camp, a stocked pantry full of household and personal hygiene supplies for anyone in need, and more. The group currently teaches yoga to an average of 300 children and 30 adult Englewood residents each week.

Robbin Carroll, I Grow Chicago's founder, says "These scholarships are such a gift. We're thrilled for our team to have exposure to the educational opportunities and fabulous environment at Omega Institute. We look forward to sharing skills with other service-based yoga leaders. With six of our team members going, we can have a greater impact coming back."

For more information about I Grow Chicago, visit [www.igrowchicago.org](http://www.igrowchicago.org) Facebook [www.facebook.com/igrowchicago](https://www.facebook.com/igrowchicago) Twitter [www.twitter.com/igrowchi](https://www.twitter.com/igrowchi)

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