FOR IMMEDIATE RELEASE February 10, 2015

Omega Launches Video Library Online to Feature Women Leaders Who #DoPowerDifferently

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12 Years of Insights & Inspiration from Acclaimed Women & Power Conference Series Available for the First Time

RHINEBECK, NY – Omega Institute today announced it will release <u>archival video</u> from its acclaimed <u>Women & Power</u> series, which has run since 2002 and has featured dynamic trailblazers like Jane Fonda, Ani DiFranco, Mellody Hobson, Isabel Allende, Ai-jen Poo and many more. The Omega Women's Leadership Center (OWLC) has curated videos from past conference speakers by the common threads of power, feminism, money, peace, and leadership. All video content will be offered free of charge, and additional video will be released over time.

"More than half a million women have come through Omega's doors and thousands have participated in our Women & Power series," said Carla Goldstein, chief external affairs officer at Omega and cofounder of the Omega Women's Leadership Center. "We are delighted people around the world will now have access to some of the most poignant and provocative moments from the past 12 years and can join a growing community who want to Do Power Differently SM."

For more than 35 years, Omega has provided interdisciplinary opportunities for human development across the lifespan with an integrated approach to personal growth and social change. An outgrowth of this work, the Omega Women's Leadership Center (OWLC), supported by a highly esteemed and international advisory council, offers a variety of opportunities for women to strengthen their leadership at home, at work, and in the world.

To see a complete list of this year's OWLC programs being held in New York City and Rhinebeck, New York, click <u>here</u>.

To see Omega's full online-learning offering visit eOmega.org/online-learning.

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About Omega Institute for Holistic Studies

Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on more than 200 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people to its workshops, conferences, and retreats in Rhinebeck, New York, and at exceptional locations around the world. eOmega.org