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Omega Announces Roster of 2014 Online Learning Events

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Deepak Chopra, Pema Chödrön, Gabrielle Bernstein, Panache Desai & More Online Learning Opportunities than Ever Before

RHINEBECK, NY – Omega Institute for Holistic Studies, a premiere travel destination in New York's Hudson Valley, today announced a series of events being offered online. Omega's 2014 lineup offers a number of free and affordable programs—from interactive online workshops to live events and webcasts, video and audio content, to programs on demand—that can be accessed from anywhere.

"For more than three decades, Omega has offered opportunities for lifelong learning, both on our Rhinebeck campus and at select locations. We are thrilled to be able to make Omega more accessible than ever by offering a growing number of programs online, so people can take part in the experience wherever they are," said Carla Goldstein, chief external affairs officer at Omega.

Upcoming highlights include:

June 4, 2014 – Discovering Your Soul Signature, Panache Desai

June 13, 2014 – Miracles Now, Gabrielle Bernstein

June 17, 2014 – An Evening With Adyashanti

June 27, 2014 – The Future of Well-Being, Deepak Chopra

July 16, 2014 – <u>Living a Soulful Life, Brian Weiss, Elizabeth Lesser, Panache Desai</u>

August 9, 2014 - Live Qigong Healing Session with Robert Peng

September 26, 2014 – Basic Goodness, Pema Chödrön and Dale Asrael

October 3, 2014 – Experiencing Soul, Eben Alexander, Joyce Hawkes, Larry Dossey and more

For more information, visit eOmega.org/online-learning or follow Omega on Facebook, Twitter, YouTube, LinkedIn, and Instagram. #OmegaOnline

About Omega Institute for Holistic Studies

Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on 200 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people to its workshops, conferences, and retreats in Rhinebeck, New York, and at exceptional locations around the world. eOmega.org