

FOR IMMEDIATE RELEASE  
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## **Women & Power: Our Time to Lead**

### **35 Women Leaders From Across Sectors Gather at Omega's 9<sup>th</sup> Annual Conference to Inspire New Models of Leadership and Power**

RHINEBECK, NY – Omega Institute today announced that it will hold a weekend conference dedicated to examining emerging models of leadership being ushered in by women around the globe. “We have gathered some of the world’s top change leaders who are creating innovative solutions to human security, scientific exploration, global sustainability, education, media, human rights, and human psychological and spiritual development,” said Carla Goldstein, director of the Women’s Institute at Omega.

The conference, which will be held September 24-26, 2010 on Omega Institute’s Rhinebeck, New York campus, brings together 35 groundbreaking speakers across several fields, including Gail Collins, Leymah Gbowee, Mae Jemison, Jennifer Buffet, Elizabeth Lesser, Pat Mitchell, Zainab Salbi, Ani DiFranco, Edit Schlaffer, and many more.

“As women increasingly come into positions of power and wealth, there is a new round of effort to realize the vision of equality and justice that fueled the women’s movement of the 60s. The past several decades have created greater individual and collective capacity to engage the full scale of issues facing our society, and women are prepared to lead in new ways,” said Goldstein.

“Ultimately leadership is about how power is used, for what purpose, and with what end result -- is it being used to uplift humanity and preserve the planet, or to secure the interests of the very few? Cultivating leadership models that uplift all of humanity is at the heart of our work.” Goldstein said.

For the past eight years, Omega's annual women's conference has facilitated important conversations among women from all corners of the globe and all walks of life making it one of the most celebrated women's gatherings in the world. Keynote talks, workshops, and shared meals will offer conference participants a unique opportunity to join a diverse community of women who are redefining power all over the world. Workshop options include topics such as, Resiliency in Challenging Times, Activism in Your Own Voice, Own Your Finance's Own Your Life, and more.

The conference begins on Friday, September 24th at 7:30 p.m. and ends Sunday, September 26th at noon. Evening entertainment will include a reading by poet Elizabeth Alexander, and a performance from Grammy Award-winning singer, guitarist, songwriter, Ani DiFranco.

Thanks to the generous support Omega receives from donors, annual contributions, and scholarship sponsors, 100 full scholarships have been granted - allowing young women leaders who are economically challenged to attend the gathering. Omega also offers a 20 percent tuition discount for full-time students, people over 60 years of age, and those who register with a friend.

For detailed information, including presenter bios and the event schedule, or to register, please visit [eOmega.org/wi-power](http://eOmega.org/wi-power) or call 800.944.1001.

A limited number of media passes are available. Photography restrictions may apply. To apply for a media pass, visit [eOmega.org/press](http://eOmega.org/press).

**About Omega Institute for Holistic Studies**

*Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on 195 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people to its workshops, conferences, and retreats in Rhinebeck, New York, and at exceptional locations around the world. [eOmega.org](http://eOmega.org)*

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