

FOR IMMEDIATE RELEASE
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Omega's Retreat Grants Help to Reinforce a Community of Nonprofits Taking Action in the World

Omega Increases Number of Retreats Awarded in 2017: 40 Nonprofits Announced as Working Retreat Grant Recipients

RHINEBECK, NY – Omega, a nonprofit educational organization, today announced it will award 40 nonprofit peers with working retreat grants in 2017. [Nonprofit Retreats at Omega](#) is a program that has been running for 13 years, and has served more than 300 nonprofits and 5,000 dedicated people. The program is primarily comprised of multi-organization summits that take place on Omega's campus in Rhinebeck, New York, throughout May. Strengthening Communities Summits will bring together nonprofits that prioritize a range of social, economic, or environmental issues. The Women Serving Women Summit, hosted by the [Omega Women's Leadership Center](#), is focused on supporting organizations that serve the needs and interests of women.

“At a time when budgets and policies impacting the nonprofit sector are creating threatening pressures on organizations, Omega is proud to support our nonprofit peers in coming together to strengthen the safety net that these solution-based organizations provide to so many,” said Carla Goldstein, chief external affairs officer at Omega. “Nonprofit Retreats at Omega offer groups a unique opportunity to connect with other change leaders, and to reconnect with their own mission, so they may return to their work feeling invigorated and more effective.”

Formerly known as Service Week, Nonprofit Retreats at Omega began in 2005. Each nonprofit organization creates its own 3-day/2-night, self-led working retreat, using the facilities and accessing the amenities of Omega's 250-acre Hudson Valley campus. The grant includes simple accommodations, meals, and a private meeting space. In previous years, nonprofits have used the opportunity to cultivate relationships, discuss challenges, re-engage with shared purpose, generate ideas, develop plans, foster leadership, heal organizational rifts, deepen commitment, and enjoy some much-needed peace and relaxation.

“Nonprofit Retreats at Omega offer an extraordinary opportunity,” said Doug Sauer, chief executive officer of the [New York Council of Nonprofits](#) (NYCON), Omega's partner in the program. “The long-running program continues to demonstrate a positive impact on the organizational well-being of participating nonprofits and their capacity to benefit the communities they serve.”

The participation of Mid-Hudson Valley region nonprofits is funded in part by a significant grant from the Dyson Foundation.

Omega is pleased to announce the following 2017 grant recipients:

Strengthening Communities Summit Recipients:

Art and Resistance Through Education (ARTE)
Bard College: Center for Civic Engagement
Big Brothers Big Sisters of Orange County, NY
Center for Creative Education
Circle of Friends for the Dying
Common Ground Farm
Cornell Cooperative Extension of Ulster County
Dutchess Outreach
Family Services: Center for Victim Safety and Support
Greater Hudson Promise Neighborhood
Harlem Wellness Center
Hudson River HealthCare
Hudson Valley Seed
Kingston Midtown Rising
Latinas on the Verge of Excellence (LOVE)
Mid-Hudson Children's Museum
Mill Street Loft/Spark
O Positive Festivals
People's Emergency Center
Putnam ARC (Mid-Hudson Collaborative)
The Race Unity Circle
Red Hook Community Center
Reliance Health
Safe Homes of Orange County
Seedshed
TMI Project
Taconic Resources for Independence
Ulster Literacy Association (Hudson Valley Literacy Consortium)
Worker Justice Center of New York

Women Serving Women Summit Recipients:

Alliance of Families for Justice
Black Women's Blueprint
Center for Reproductive Rights
Girl Be Heard
Hollaback!
Mekong NYC
Ms. Foundation for Women
NYC Anti-Violence Project
Sheltered Yoga
Transformative Culture Project
Women's World Banking

To learn more about Strengthening Communities Summits, contact Marta Szabo, 845.266.4444, ext. 403, MartaS@eOmega.org. To learn more about the Women Serving Women Summit, contact Terri Hall, 845.266.4444, ext. 410, OWLCcommunity@eOmega.org.

For more information visit eOmega.org, and follow Omega on Facebook, Twitter, YouTube, Pinterest, LinkedIn, Instagram, and Google+.

About Omega Institute for Holistic Studies

Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on 250 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people to its workshops, conferences, and retreats in Rhinebeck, New York, and at exceptional locations around the world. eOmega.org

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