

**GRANT OPPORTUNITY**  
**Women Serving Women Summit Grant, May 28–May 30, 2014**  
*Nourishing Body, Mind, and Spirit*  
AN INITIATIVE OF THE OMEGA WOMEN'S LEADERSHIP CENTER (OWLC)

Dear Colleague,

The Omega Women's Leadership Center (OWLC) is pleased to present the Women Serving Women Summit, a grant program for nonprofit organizations working to positively impact the lives of women and girls. We are focusing the 2014 Summit on nourishing body, mind, and spirit as we work to create a more peaceful, just, and sustainable world.

Women Serving Women Summit grant recipients are awarded a two-day, two-night organizational retreat at Omega alongside other women's organizations. The grant includes simple accommodations, meals, a private meeting space, and an optional hour of consultation with the New York Council of Nonprofits (NYCON). Your organization designs its own goals for the time spent at Omega. During several sessions, you will have time to do such things as strategic planning, cultivating your board, and deepening staff cooperation. You also will be able to enjoy much needed rest and relaxation and connect with other organizations to strengthen your work.

Your organization can apply to come on its own, or you can partner with another organization with similar objectives and apply together for the Multiple Organization Track. NYCON supports those on the Multiple Organization Track with an enriched program designed to enhance collaborative efforts.

In choosing grant recipients, we look for organizations that will make the best use of the grant. For assistance on how to best complete your application, you are welcome to set up a free, half-hour consultation with NYCON by emailing Doug Sauer, NYCON's chief executive officer, at [dsauer@nycon.org](mailto:dsauer@nycon.org).

In preparation for the Summit, all participating organizations will take part in a pre-Summit orientation conference call. Organizations may also receive a site visit by staff from the Omega Women's Leadership Center to maximize mutual understanding and connection.

Participating organizations will attend plenary sessions to connect with fellow grant recipients. We also will offer optional roundtables, classes, and consultations that participants can pre-register for.

Grant recipients for the Women Serving Women Summit will arrive on Wednesday, May 28, at 5:00 p.m., and depart on Friday afternoon, May 30, after lunch. Enclosed you will find a one-page application and some general information about Omega, the OWLC, and this grant.

**The application deadline is February 10, 2014.**

With warm wishes,  
Sarah Urech, Program Manager  
Omega Women's Leadership Center

# Women Serving Women Summit Grant Application

Choose your track:

\_\_\_ Organizational Development (organizations coming on their own)

\_\_\_ Multiple Organization (organizations coming in partnership with other organizations; each must apply separately)

*Organizations you are applying with:*

Organization name:

Address:

City:

State:

Zip:

Website (if applicable):

Mission statement:

Brief description of how the mission is implemented:

Status of organization (please check): \_\_\_ 501(c) (3) \_\_\_ Other (specify):

Number of staff:                      Number of active volunteers (filling important roles in your organization):

Number of board members:                      Annual budget:

Number of people attending the Summit, if accepted (please be as accurate as possible):

Staff:      Board Members:      Volunteers:      Consultants:      TOTAL:

On another sheet, please answer all **five** questions below and attach an annual report (if applicable).

1. What do you hope to accomplish at the Summit? Please list three goals, including any that pertain to leadership development.
2. How will achieving your goals contribute to advancing your mission to serve women and girls?
3. How will you evaluate whether you have achieved your Summit goals?
4. How might participating in the Summit with other organizations who work with women and girls impact your inter-organizational work?
5. Please list separately your primary funders and the primary sources of funding (foundations, United Way, fundraising etc.).

\_\_\_\_\_ Date:  
Signature of Executive Director or Chairperson of the Board (required)

Contact Person:    Name

Phone

Email

**Please return application to:** Lys Swan, Omega Women's Leadership Center, 150 Lake Drive, Rhinebeck, NY 12572; [lyss@eOmega.org](mailto:lyss@eOmega.org)

*Applicants will be notified of their status via email to the contact person on February 24, 2014.*

**ALL APPLICATIONS MUST BE RECEIVED BY FEBRUARY 10, 2014.**

*For a free half-hour consultation on how best to complete this application, contact Doug Sauer, Chief Executive Officer, NYCON at [dsauer@nycon.org](mailto:dsauer@nycon.org).*

# Omega Women's Leadership Center and Women Serving Women Summit Grant **INFORMATION SHEET**

## **Omega's Mission**

Through innovative educational experiences that awaken the best in the human spirit, Omega provides hope and healing for individuals and society.

## **About Omega**

Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on 200 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people to its workshops, conferences and retreats in Rhinebeck, New York, and at exceptional locations around the world.

## **About the OWLC**

**We envision** women's leadership advancing a future where:

**Women and girls** are valued for their full human potential, live in safety and freedom, and are free to express themselves and contribute meaningfully in all spheres of life.

**Men and boys** are free to express the full range of human qualities, including masculine and feminine qualities, and share equitably with women and girls in life's responsibilities and joys at home, at work, and in the world.

**Our global society** fosters nurturing and mutual relationships, healthy families and communities, and a peaceful, just, and sustainable world—for everybody.

The OWLC:

- **Promotes** women's leadership by convening, inspiring, and training women to lead from their own authentic voice, values, and vision.
- **Creates** a power and leadership paradigm shift, from "power over" to "power with" others.
- **Fosters** a balance between masculine and feminine principles, both of which are essential to creating a more just and sustainable world.
- **Advances** an integrated approach to personal growth and leadership by developing both inner strength and skills for action in the world.
- **Develops** the multiple human intelligences of mind, body, heart, and spirit as essential for effective women's leadership.
- **Cultivates** an informed awareness, historic memory, and global understanding of the context and experiences of women's and girls' lives.
- **Facilitates** skillful alliances across age, race, class, gender, and nation.
- **Supports** women and girls to recognize and increase their strength; develop their leadership skills; and validate their emotional intelligence and compassion.
- **Helps** women and girls overcome family and cultural traditions that label power and ambition as unfeminine.
- **Provides** an evolving, dynamic curriculum.
- **Models** the values that the OWLC aspires to impart.

### **Women Serving Women Summit Preparation and Follow-Up**

To enhance Summit outcomes, the OWLC and NYCON will host a pre-Summit orientation conference call. The purpose of the call is to ensure that each organization is informed and prepared to make the most of this unique opportunity, has defined its Summit goals, and can begin to connect with sister organizations. When possible, the staff of the OWLC will arrange site visits to organizations to enhance mutual understanding. Organizations will be required to submit three written evaluations on how effective the Summit was in terms of reaching their stated goals (the first upon completion of the Summit, and again at six and 12-month intervals).

### **The Organizational Development Clinic**

During the Summit, NYCON will offer the Organizational Development Clinic—one-hour in-person consultations at no charge—to any group that would like support in any aspect of its work, from financial to managerial and motivational to administrative. In addition, NYCON will provide an enhanced program for organizations that are accepted into the Multiple Organizations Track.

### **Terms of Acceptance**

Each organization agrees to:

- Participate in the entire Summit, beginning on Wednesday, May 28, 5:00 p.m., and ending on Friday, May 30, after lunch
- Attend the opening and closing plenary sessions
- Join the pre-Summit orientation conference call
- Complete the pre-Summit site visit (if applicable)
- Submit three written evaluations within 12 months of the Summit

### **Facilities and Activities Included in a Women Serving Women Summit Grant**

Omega's picturesque, rural campus includes Long Pond Lake, tennis courts, a basketball court, walking trails, the Sanctuary for meditation, and the Ram Dass Library. We also offer optional daily open classes in yoga, meditation, dance/movement, and tai chi.

### **Discounts and Additional Amenities Available**

Women Serving Women Summit participants also receive a 20 percent discount at the Omega Café, the Omega Wellness Center, and the Omega Bookstore. The Omega Café is a popular gathering place that sells light meals, snacks, specialty coffee drinks, and dessert. The Omega Wellness Center offers massage, acupuncture, and a number of other services by appointment. In addition to books, the Omega Bookstore sells music, clothes, toiletries, cards, jewelry, and inspirational gifts.

### **Meeting Room**

Your organization will have a private meeting room and basic supplies available to you during designated daytime hours on Thursday and Friday morning. Meeting spaces do not have Wi-Fi and are not available during the evenings.

### **Food and Accommodations**

Our Dining Hall serves three healthy, primarily vegetarian meals daily. Accommodations are mostly double occupancy and dormitory-style singles with shared bathrooms. They are simple, clean, and comfortable. Bathrooms are generally shared. We provide towels, soap, and bedding. Feel free to bring a washcloth. There is no television, phone, refrigerator, or Internet connection in the rooms.

### **Internet and Cell Phones**

Wi-Fi is available in the Omega Café. Cell phone reception is unreliable; however, pay phones are available and centrally located on campus.