

SAVE THE DATE

NOVEMBER 20 & 21

# VETERANS, TRAUMA & RESILIENCE: WHAT'S NEW.

*A Professional Conference at the New York Society  
for Ethical Culture\**

For many years, Omega has supported individuals, veterans, and family members dealing with post-traumatic stress. The life-altering effects of post-traumatic stress often find expression in homelessness, domestic violence, addiction, suicide, and other issues at great cost to individuals, families, and our society. The scale and depth of the crisis calls for new approaches to treatment, a fact recognized by the United States Department of Defense and the Veterans Administration, which now actively support many mind-body modalities ranging from yoga to mindfulness practice.

This special conference, designed for health-care professionals, brings together experts in the treatment of veterans' trauma who use complementary and alternative medicine. We explore the most current professional perspectives and leading-edge information on effective mind-body modalities, and also delve into the importance of community and social support structures in the treatment of veterans who suffer with post-traumatic stress.

It is intended for health-care professionals, psychologists, social workers, caregivers, and counselors working with veterans who suffer with post-traumatic stress, along with their families.

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 See [eOmega.org/nyc](http://eOmega.org/nyc) for more information.

\*The views, content, and opinions expressed during this event are solely those of the presenter and are not endorsed by the New York Society for Ethical Culture and its membership.

