



## Veterans Yoga Retreat for Men Workshop Application

Date: June 18-23, 2017

Location: Rhinebeck, NY

In this veterans yoga retreat for men, learn techniques to comfort the body, ease the mind, promote healing, and support reintegration after military service. Practicing gentle yoga in a supportive community, you learn to modify postures to accommodate your unique physical limitations and ailments. Active or inactive duty military men and male veterans are eligible. Both Omega and the faculty who will be provided your information are committed to keeping it strictly confidential.

*Please submit your completed application:*

By mail: Omega Institute for Holistic Studies  
Attn: Registration Dept.  
150 Lake Drive  
Rhinebeck, NY 12572

Or by email (after scanning): [classapplications@eOmega.org](mailto:classapplications@eOmega.org)

*Questions?*

Contact [randim@eomega.org](mailto:randim@eomega.org) or call 845.266.4444, ext. 157. In your message, please mention the specific program for which you are applying. We may not be able to call you back immediately and appreciate your patience.

### Contact Information

First Name: \_\_\_\_\_

Middle Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Address 1: \_\_\_\_\_

Address 2: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

Awakening the Best in the Human Spirit

# OMEGA

Rhinebeck, New York

## Personal Information

Gender:

Female

Male

Identify As: \_\_\_\_\_

Age:

18-25

66-75

26-35

76-85

36-45

Over 85

46-55

Prefer not to answer

56-65

Which racial categories do you use to identify yourself?

American Indian or Alaska Native

Native Hawaiian or Other Pacific  
Islander

Asian

White

Black or African American

Other

Multiple races

Prefer not to answer

Do you consider yourself Hispanic or Latina/o?

Yes

No

Prefer not to answer

What is/was your Military Branch? Your response (Air Force, Marines, Navy, Coast Guard, Army, Reserves, National Guard) should match your government issued ID.

\_\_\_\_\_

What is/was your Military Unit? \_\_\_\_\_

Are you dealing with a severe or incapacitating injury? If yes, please describe briefly. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Awakening the Best in the Human Spirit

# OMEGA

Rhinebeck, New York

## Being on Campus

Will you plan to stay on campus? Answer no if you plan to stay off campus and commute to the program each day.

Yes

No

What are your special needs? Please describe them below. Note that our rural campus has hills. If you feel you might require some assistance getting around or have other needs for which you may require support, please let us know.

## Relationship to Omega

Have you ever participated in an Omega program?

Yes

No

How did you find out about this workshop?

Email from Omega

Omega Catalog by Mail

Faculty Newsletter

Omega Staff Recommendation

Faculty Website

Picked Up a Catalog

Flyer or Postcard

Referred by Faculty

Link to Omega's Website

Word of Mouth

Magazine or Newspaper Article

Other: \_\_\_\_\_

Omega Ad

Why do you want to attend this program and how do you imagine it will benefit you?

Awakening the Best in the Human Spirit