

OMEGA INSTITUTE Waiver

A Motivational Weekend With Tony Horton Tony Horton Course # 4102-455 August 24-26, 2018

- 1. In consideration of the services of Tony Horton in connection with the course described above (the "Course") and other good and valuable consideration, receipt of which is hereby acknowledged, I, on behalf of myself, my spouse, my children, my parents, my heirs, assigns, personal representatives and estate, hereby agree to release, indemnify and discharge the Omega Institute for Holistic Studies, Inc. ("Omega"), their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf, from any and all claims, demands, or causes of action, which are in any way connected with my participation in the Course, based on the following:
- 2a. I am aware that I will be expected to monitor my own exertion level and communicate any injuries or aggravations I have coming into the Course before the first session. I have been advised to report any feelings of discomfort or fatigue during the Course immediately to the instructors.
- 2b. I warrant that I am in good physical condition and that no illness, condition or injury impairs me from participation in a vigorous physical workout. I understand that physical fitness activities carry inherent risks of injury or death and that I and my heirs unconditionally accept and assume any and all risks contained therein.
- 3. I expressly agree and promise to accept and assume all of the risks existing in this activity. I am an adult over the age of eighteen. My participation in this activity is purely voluntary on my part and I elect to participate in spite of any risks that may be involved.
- **4.** I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Print Name:	
Signature:	
<u>-</u>	
Date:	



FACULTY Waiver

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Date:	
Event: Tony Horton/Omega Inst	titute Event, ("the Event")
hereby warrant and represent the condition, or injury would impair y fitness activities carry an inheren next of kin, and spouse hereby a	ipating in Tony Horton's Workout Session during the Event, you at you are in good physical condition and that no illness, you from participation in a vigorous physical workout. Physical at risk of injury, or even death, and therefore, you, and your heirs, assume such risk and unconditionally and irrevocably release, d hold Horton harmless from and against any and all claims in any a Workout Session.
Executed this, day of	, 2018
Signature	
Name Printed	
Email address	-