



The Omega **Women's Leadership Intensive** 2019 APPLICATION

Thank you for your interest! Please fill out the following application, which includes two narrative questions. We will begin accepting applications in January 2019. Since there are a limited number of spots, we encourage you to apply early.

Workshop Overview:

The Omega Women's Leadership Intensive

Become the Kind of Leader the World Needs Now

With Carla Goldstein, Mallika Dutt, Leslie Salmon Jones and Sarah Urech

October 20-25, 2019

Whether guiding a family, working in an organization, running a business, or holding public office, leadership involves deciding what matters most. Today, the old "command and control" leadership model is giving way to "connect and collaborate," and women are playing a central role in this important shift.

This highly experiential workshop is for women who want to use their leadership to create a caring, just, and sustainable future for everybody. Through reflection, dialogue, writing, movement, meditation, and contact with nature, we delve deep into our leadership stories in an intimate setting. We examine current and historic systems of power, privilege, and domination and how they intersect, and learn what we can do to advance change. We engage in transformative exercises that awaken us to do power differently and shape a new narrative.

Guided by expert teachers, we explore four leadership essentials—values, voice, vision, and voyage. Together we:

- Articulate our core values and the values that underlie creating a culture of care
- Strengthen our capacity to communicate with impact
- Create a compelling and actionable vision
- Engage in a deep exploration of self in order to be a more authentic leader
- Learn to incorporate self-care practices, intersectionality, and empathy into our work
- Sketch a year's leadership plan to put our values into action, elevate our voice, and advance our vision for change

Whether you are a seasoned leader or beginning your leadership journey, this intensive can help you be the courageous, wise, and nurturing leader the world needs today.

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Submission: Please submit your completed application to classapplications@eOmega.org or mail to Registration Department, Omega Institute, 150 Lake Dr, Rhinebeck, NY 12572.

Notification: Within approximately four weeks of receiving your application, we will notify you regarding the status of your admission to the 2019 Omega Women's Leadership Intensive.

Questions: If you have additional questions, please contact Registration at 800-944-1001 (toll free in the U.S.) or 845.266.4444, or email classapplications@eOmega.org.

For additional information about the OWLC and its programs, please visit our website at [Omega Women's Leadership Center](#).



Omega **Women's Leadership Intensive Application**

APPLICANT INFORMATION

Name:

Home Address:

City:

State:

Zip Code:

Phone (home):

Phone (cell):

Email:

EMPLOYER/ORGANIZATION INFORMATION (IF APPLICABLE)

Employer / Organization Name:

Occupation / Title:

Office Address:

City:

State:

Zip Code:

Website:

Phone (office):

Email (office):

PERSONAL PROFILE

In what field do you work? Please check any and all that apply.

- | | |
|--|--|
| <input type="radio"/> Arts | <input type="radio"/> Law/Criminal Justice |
| <input type="radio"/> Business | <input type="radio"/> Media & Marketing |
| <input type="radio"/> Computers & Technology | <input type="radio"/> Medical/Health Care |
| <input type="radio"/> Education | <input type="radio"/> Organizational Leadership & Management |
| <input type="radio"/> Finance | <input type="radio"/> Nonprofit |
| <input type="radio"/> Fitness/Nutrition | <input type="radio"/> Psychology/Social Work/Counseling |
| <input type="radio"/> Government | <input type="radio"/> Science & Engineering |
| <input type="radio"/> Healing Arts | <input type="radio"/> Skilled Trades |
| <input type="radio"/> Hospitality & Tourism | <input type="radio"/> Other (describe): |

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How would you describe your leadership stage?

- Aspiring Emerging Seasoned

What is your age (optional)?

- 18-25 26-35 36-45 46-55 56-65 66-75 over 75 No Answer

The categories below are consistent with the ones used in the census questionnaire as reflective of the US social definition of race. We include these questions because Omega is committed to equity.

Which racial categories do you use to identify yourself?

- American Indian or Alaska native
- Asian
- Black or African American
- Hispanic or Latina
- Native Hawaiian or other Pacific Islander
- White or Caucasian
- Multi-ethnic
- Other (please specify): _____

Have you attended any OWLC workshops in the past? Yes No

If yes, which ones and when?

NARRATIVE QUESTIONS

1. What motivates you to sign up for the Intensive to *become the kind of leader the world needs now*? Please describe in 2-3 paragraphs.
2. How do you plan to use what you learn at Omega personally, in your work or studies, and in your community? Please describe in 2-3 paragraphs.
3. Please share your current view on the need for an intersectional approach to shifting historic systems of power and privilege. Describe in 1-2 paragraphs.